

HOW TO STITCH A MASK

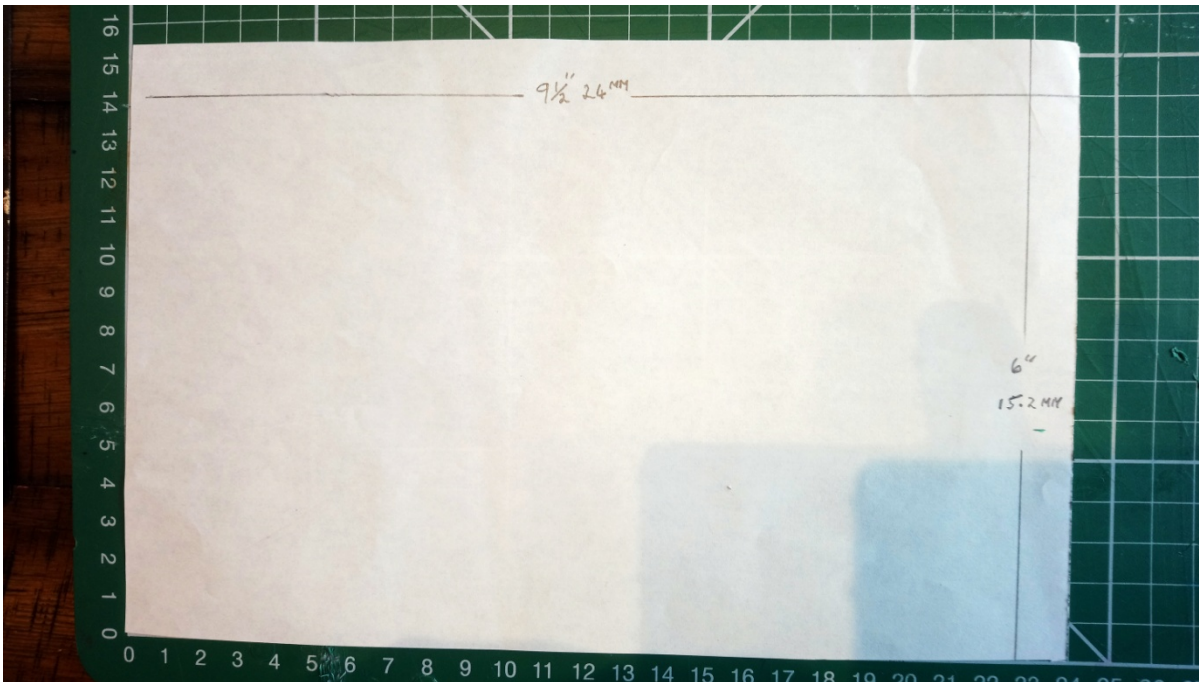
What you need for a mask:-

Fabric cut to size

Elastic 15" OR 38CM long

Bias Binding 34" OR 86CM long

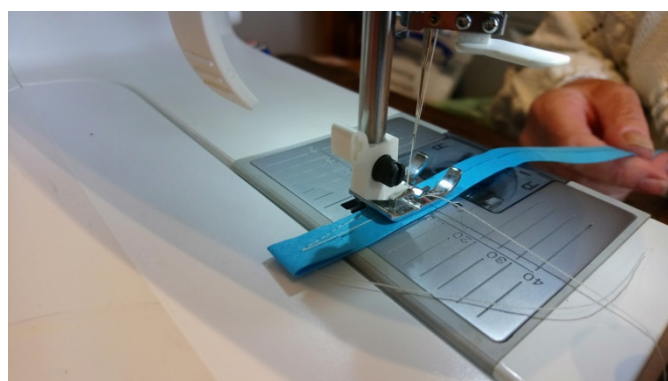
A paper pattern which is 9.1/2" x 6" or 22.8cm x 15.2 cm if you are cutting out the fabric.

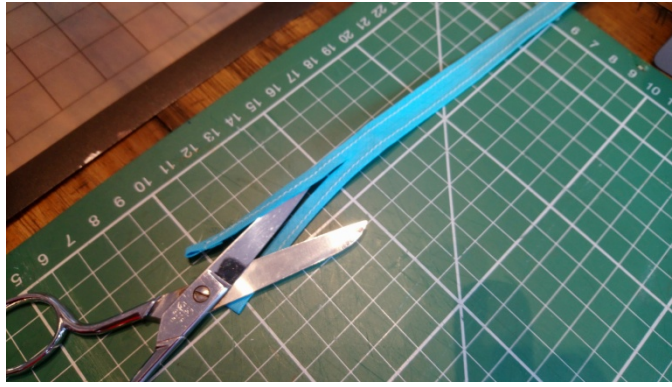


Step 1

Take the bias binding and tuck in one end and sew the entire length of one side, tuck in the other end and sew back up the other side.

Cut the bias binding in half. This will make the ties for the mask.





Step 2

Position your elastic and bias onto the base layer of the mask (see photo) approx 1cm from each long edge (Jane uses her finger tip as measurement) NB: Remember to have the folded end pieces of bias tape inwards not on the seam edge.



Step 3

Lay 2 pieces of fabric on top of the base layer (this is not necessary if you have a thicker fabric).

Start stitching along the long length of the mask midway along it's length (put pins pointing in so that you can get them out easily!) pivot at the corner making sure the fabric is aligned and you have not caught the bias or elastic sew round the mask leaving an opening of approx 2.5 – 3".



Step 4

Clip all the corners – being careful not cut through the stitching.

Turn the mask inside out, taking any pins out and pull the corners out using fingers or teasing the corners out.

Step 5

Put in 3 pleats. Pin pleats either side on the short sides more or less judging by eye making sure the pleats run the same way either side.



Step 6

Stitch round the mask, tucking in the opening or pinning – stitch over the tucks (minding the pins) along the bottom and back up the tucks the other side.

Finally tidy up any loose ends or threads and the mask is finished.

